

# SWEDEN GRAND PRIX 2016

April 16 2016. Stadionmässan, Malmö. Organizer: Team Powerlifting

Sanctioned by: Swedish Bodybuilding and Fitness Federation

Approved by: International Federation of Bodybuilding and Fitness



## OFFICIAL CONTEST RESULTS

### WOMEN'S PHYSIQUE

PLACE	NO	NAME	CLUB	R1	R2	R3	SCORE
1	208	Lisbeth Grape	Team Gymgrossisten Butik	7	12	5	17
2	209	Semiran Dag	Eliteteam Bodysciense	14	24	11	35
3	204	Jeanette Johansson	Team Swedish Supplements	14	36	17	53
4	203	Betinna Virenfeldt	Denmark	18	34	19	53
5	206	Rosanna Scharin	Team Better Bodies	28	52	25	77
6	200	Malou Holmström	Team XXXL	24	52	29	81
7	205	Regina Strid	Musclezone	33			33

### CLASSIC BODYBUILDING UP TO 180 CM

PLACE	NO	NAME	CLUB	R1	R2	R3	SCORE
1	210	Johnny Grape	Team Tyngre	11	20	5	25
2	213	Patrik Kasra	Midland active	10	20	10	30
3	214	Ole Bak	Norway	16	32	18	50
4	220	Siim Savisaar	TÜ ASK	17	30	22	52
5	216	Calle Bolund	Team Tyngre	23	48	18	66
6	222	Nicodemus Nilsson	Nordic Sports Nutrition	34	60	28	88
7	211	Jimmie Carpman	Team Elit Nutrition	34			34
8	221	Johan Boström	Team Fitnessbutiken Alingsås	37			37
9	217	Peep Reinart	Sparta SK	46			46
10	219	Ahmad Seyar Jahani	Team Elit Nutrition	50			50
11	218	Richard Bjuvhage	Team Sisu Nutrition	55			55
12	224	Sebastian Andersson	Team MM Sports	60			60
13	223	Jan Linde	Team Ironsport	65			65
14	215	Tomas Jakobsson	Team Chamoun	75			75

### CLASSIC BODYBUILDING OVER 180 CM

PLACE	NO	NAME	CLUB	R1	R2	R3	SCORE
1	236	Fredrik Ström	Team Better Bodies		10	6	16
2	238	Henrik Kjellsson	Team Ironhouse		20	9	29
3	230	Pontus Kerstis	Bjurhovda Atletklubb		30	15	45
4	232	Rikard Zaar	Team Gumse Gym		42	23	65
5	226	Gerhard Marcher	Edererathletes		50	23	73
6	229	Torbjörn Swedin	Team Kasra		56	30	86

### CLASSIC BODYBUILDING OVERALL

PLACE	NO	NAME	CLUB	R1	R2	R3	SCORE
1	210	Johnny Grape	Team Tyngre				7
2	213	Patrik Kasra	Midland active				10
3	236	Fredrik Ström	Team Better Bodies				14
4	214	Ole Bak	Denmark				20
5	238	Henrik Kjellsson	Team Ironhouse				25
6	230	Pontus Kerstis	Bjurhovda Atletklubb				30

### BODY FITNESS UP TO 163 CM

PLACE	NO	NAME	CLUB	R1	R2		SCORE
1	246	Therese Vilrik Bruun	Team Masskinen	7	6		6
2	245	Pia Jansson	Team Swedish Supplements	12	12		12
3	240	Carina Isaksson	Team Better Bodies	13	14		14
4	247	Alexandra Ljung	MM Sports Team	19	18		18
5	251	Mette Kragelund	Denmark	24	24		24
6	242	Mirjam Trujillo	Team MM Sports	34	30		30
7	249	Susse Hougaard	Denmark	35			35
8	241	Mette Daugaard	Denmark	42			42
9	252	Sarah Nordeke	Steel Nutrition	43			43
10	239	Elin Björkegren	AL Coaching	50			50
11	253	Anna Karlsson	TC strong by Sweden	53			53

### BODY FITNESS UP TO 168 CM

PLACE	NO	NAME	CLUB	R1	R2		SCORE
1	262	Emma Melin	Delta Gym	8	7		7
2	260	Sanphuong Sam	Team Elit Nutrition	8	10		10
3	257	Tatiana Pudovkina	HC GYM	19	15		15
4	256	Therese Sandin	TC Strong by Sweden	18	22		22
5	261	Gea Taalvelt	Spa&Sport Spordiklubi	22	22		22
6	259	Jenni Torstensson	Team Musclezone	29	30		30
7	254	Emelie Hilm	Växer Gym Kalmar	35			35

### BODY FITNESS OVER 168 CM

PLACE	NO	NAME	CLUB	R1	R2		SCORE
1	269	Maria Hasselmark	Team Better Bodies		5		5
2	266	Kathleen Franke	Team Bodyfight		10		10
3	272	Sofia Eklund	Team Get Prepared		15		15

## BODY FITNESS OVERALL

PLACE	NO	NAME	CLUB	R1	R2		SCORE
1	269	Maria Hasselmark	Team Better Bodies				7
2	246	Therese Vilrik Bruun	Team Masskinen				8
3	245	Pia Jansson	Team Swedish Supplements				17
4	262	Emma Melin	Delta Gym				20
5	260	Sanphuong Sam	Team Elit Nutrition				25
6	266	Kathleen Franke	Team Bodyfight				30

## MEN'S PHYSIQUE UP TO 178 CM

PLACE	NO	NAME	CLUB	R1	R2		SCORE
1	291	Redir Nerway	Delta Gym	7	7		7
2	295	Law Shala	Workout Empire	10	10		10
3	281	Nikola Rushiti	Workout Empire	20	18		18
4	282	Mohamed Hamad	Team Larsen physique	21	20		20
5	299	Daniel Djurdjevic	Workout Empire	20	20		20
6	284	Shahin Daneshgari Nejad	Team Golden physique	28	26		26
7	276	Alexander Ladsten	Norway	38			38
8	296	Atif Agic	Team Elit Nutrition	39			39
9	297	Per Robertsson	Team Shape by Sharam	40			40
10	278	Daniel Skowronski	Body Science Team	56			56
11	300	Ali Torkniman	Team Better Version	56			56
12	287	Leo Steen	Team Chamoun	61			61
13	286	Kert Kaljula	Sparta SK	63			63
14	280	Peter Kosarko	Slovakia	67			67
15	298	Issa Hussein	Denmark	68			68
	275	Tuomas Viitala	Team Ironhouse Gym				
	279	Marcoci Tazvan Florin	Romania				
	283	Henrik Otterström	MM Sports Team				
	285	Robert Silva	MM Sports Team				
	289	Hashim Youshaa	Denmark				
	292	Mohamed Ali	Team BMR Sport Nutrition				
	293	Henrik Vu	Team K.O. Store				
	294	Faizan Sakhi	Denmark				
	301	Adam Nyquist	Team Gymgrossisten Butik				
	302	Yosef Halim	MM Sports Team				

### MEN'S PHYSIQUE UP TO 182 CM

PLACE	NO	NAME	CLUB	R1	R2		SCORE
1	311	Pierre Ericsson	Delta Gym	6	5		5
2	309	Aurélien Daudi	Team Svensk Sport Nutrition	11	11		11
3	303	Robin Olsson	Team Better Bodies	15	14		14
4	313	Kevin Vega	Lynx Multisport Team, Göteborg	18	17		17
5	308	Dusko Komso	Team Power Eskilstuna	26	26		26
6	306	Anders Toresson	Team MM Sports	30	28		28
7	312	Isak Netzler	Edererathletes	31			31
8	304	Anton Stenberg	TEAM K.O. Store	40			40

### MEN'S PHYSIQUE OVER 182 CM

PLACE	NO	NAME	CLUB	R1	R2		SCORE
1	324	Aso Ramazani	Team Proteinbolaget	12	10		10
2	315	Marcus Grönroos	Team Tyngre	11	11		11
3	316	Jonas Barkman	Team Tillskottsbolaget	14	16		16
4	321	Daniel Nilsson	Hammer Team	19	16		16
5	330	Dino Cordic	Team MM Sports	19	24		24
6	325	Kuido Jõgisalu	Spa&Sport Pärnu	34	27		27
7	319	Jussi Ojakangas	Team Fairing	36			36
8	307	Peter Bendtsen	Denmark	39			39
9	329	Rafi Ohanes	Team ProteinExpert	41			41
10	326	Fredrik Hjert	Team MM Sports	50			50
11	320	Hans Hiiuväin	Fittest Klubi	56			56
12	323	Robert Cret	Team Gymkostbutiken	62			62
13	327	Christian Nissen	Team Musclezone	65			65
14	305	Edin Vidjen	Team Musclezone	68			68
15	328	Michael Hafström	Team Steel Nutrition	70			70

### MEN'S PHYSIQUE OVERALL

PLACE	NO	NAME	CLUB	R1	R2		SCORE
1	291	Redir Nerway	Delta Gym				6
2	295	Law Shala	Workout Empire				12
3	311	Pierre Ericsson	Delta Gym				14
4	324	Aso Ramazani	Team Proteinbolaget				23
5	315	Marcus Grönroos	Team Tyngre				25
6	309	Aurélien Daudi	Team Svensk Sport Nutrition				26

### BIKINI FITNESS UP TO 163 CM

PLACE	NO	NAME	CLUB	R1	R2		SCORE
1	371	Trine Rathlau	Denmark	9	6		6
2	385	Bettina Bach	Denmark	9	13		13
3	365	Karima Katja	Denmark	16	13		13
4	340	Emelie Söder	Team Forever Fit by Better Bodies	17	20		20
5	348	Anna Stålnacke	Team Tyngre	23	23		23
6	337	Anna Bogs Struglics	Team K.O. Store	33	30		30
7	350	Tina Berglund Stirling	Norway	35			35
8	342	Annelie Damberg	Team Gym Grossisten Butik	37			37
9	346	Amelie Claesson	Team Elit Nutrition	45			45
10	351	Elvira Grönkvist Nyberg	MM Sports Team	54			54
11	343	Sofia Forsberg	Team Ironsport	56			56
12	367	Julia Volz	Team Nordiskt Kosttillskott	56			56
13	344	Cecilia Sköld	Team MM Sports	64			64
14	333	Sarah Svensson	Team Exhale Gym	69			69
15	341	Carolina Rahm	Delta Gym	75			75

### BIKINI FITNESS UP TO 166 CM

PLACE	NO	NAME	CLUB	R1	R2		SCORE
1	368	Frida Sjöström	Team Gymgrossisten Elite	5	5		5
2	366	Paulina Hermansson	One Day Crew	15	16		16
3	357	Emma Cederholm	Edererathletes	19	17		17
4	361	Jenny Hovenberg	Team K.O store	16	18		18
5	379	Zana Rohani	Team Elit Nutrition	20	19		19
6	369	Anna Bose	Lessebos Styrkeklubb	29	28		28
7	354	Camilla Just	Denmark	41			41
8	362	Zandra Dons	Denmark	41			41
9	370	Stine Reitz	Denmark	43			43
10	356	Kajsa Bengtsson	Team Golden Physique	44			44
11	363	Julia Andersson	Team Svensk Sport Nutrition	57			57
12	355	Anja Sørensen	Denmark	59			59
13	382	Nadja Nielsen	Team Elit Nutrition	67			67
14	352	Fabiola Bustos	Team Flex Sweden	68			68

### BIKINI FITNESS UP TO 169 CM

PLACE	NO	NAME	CLUB	R1	R2		SCORE
1	413	Frida Paulsen Stern	Workout Empire	8	7		7
2	380	Andra Vagur	Spordikeskus Teras	14	13		13
3	404	Valeria Persina	Czech Republic	15	15		15
4	386	Julia Friberg	AL Coaching Jönköping	16	16		16
5	376	Kristina Narbutaitytė	Pegasas	23	24		24
6	377	Emma Johansson	Gladius Gym	36	28		28
7	393	Faye Corbett	Team Diamond Fitness	37			37
8	384	Agne Kiviselg	Spa&Sport Pärnu	38			38
9	374	Ene Tomingas	My Fitness	42			42
10	383	Weronica Liljeroth	Edererathletes	46			46
11	387	Marina Johansson	Team Kasra	61			61
12	392	Malin Embla Norrman	Eedererathletes	61			61
13	373	Jessica Holmström	Team Svensktkosttillskott	65			65
14	381	Adrienne Daudi	Team Svensk Sport Nutrition	65			65
15	390	Miriel Widerström	Örebro kraftsportsklubb	73			73

### BIKINI FITNESS OVER 169 CM

PLACE	NO	NAME	CLUB	R1	R2		SCORE
1	397	Nathalie Buhl	Denmark	16	11		11
2	358	Ann Sofie Gustavsen	Denmark	21	17		17
3	399	Lee Sheldon Huggler	Team Gymgrossisten Butik	16	18		18
4	403	Johanna Sonesson	Team Scitec Nutrition	16	19		19
5	400	Diana Stankejeva	Lithuania	22	20		20
6	412	Linn Strand	Gladius Gym	18	21		21
7	407	Julie Speich	Denmark	36			36
8	395	Lina Kroon	TC strong by sweden	41			41
9	405	Tina Leinonen	Team MM Sports	43			43
10	408	Kirke Kirt	Estonia	48			48
11	410	Julia Falkman	Team Elit Nutrition	52			52
12	406	Josefin Jensen	XXXL Sweden	63			63
13	409	Michelle Korén	Team JF Athletes	68			68
14	389	Helen Randmets	Estonia	70			70
15	398	Mya Lindahl	Delta Gym	70			70
	394	Saynaz Mokhtari	Sweden				
	401	Michaela Svangren	Team Ironsport				
	402	Maria Regen	Team Svensk Sport Nutrition				

### BIKINI FITNESS OVERALL

PLACE	NO	NAME	CLUB	R1	R2		SCORE
1	368	Frida Sjöström	Team Gymgrossisten Elite				9
2	413	Frida Paulsen Stern	Workout Empire				11
3	371	Trine Rathlau	Denmark				13
4	380	Andra Vagur	Spordikeskus Teras				22
5	397	Nathalie Buhl	Denmark				27
6	385	Bettina Bach	Denmark				28
7	358	Ann Sofie Gustavsen	Denmark				31
8	366	Paulina Hermansson	One Day Crew				36

### BODYBUILDING UP TO 80 KG

PLACE	NO	NAME	CLUB	R1	R2	R3	SCORE
1	420	Mats Ljung	MM Sports Team		10	6	16
2	416	Raigo Kuusnõmm	Estonia		26	9	35
3	422	Klaus Bjerg	Denmark		36	17	53
4	419	Vytautas Žylė	Oazis		34	27	61
5	417	Pierre Ågren	Team Power Eskilstuna		52	22	74
6	432	Saleem Wasi	Denmark		56	26	82

### BODYBUILDING UP TO 90 KG

PLACE	NO	NAME	CLUB	R1	R2	R3	SCORE
1	425	Ott Kiivikas	Estonia	5	10	5	15
2	430	Krzysztof Skryplonek	Poland	14	26	11	37
3	414	Fredrik Spång	Team Palmell	14	32	17	49
4	431	Daniel Alritzson	Team Proteinbolaget	17	32	17	49
5	424	Alaa Tillo	Team Just Fit	28	56	25	81
6	423	Samuel Blomgren	JK Fitness	28	54	28	82
7	427	Brian Bonde	Denmark	35			35
8	421	Jonas Sleiman	Delta Gym	40			40

## BODYBUILDING OVER 90 KG

PLACE	NO	NAME	CLUB	R1	R2	R3	SCORE
1	441	Ole Kristian Våga	Norway	5	10	7	17
2	443	Deividas Dubinas	Lithuania	15	26	14	40
3	426	Niro de la Rua	Team Gymgrossisten Elit	16	36	13	49
4	233	Mohamad Baker Aziz	Denmark	18	38	19	57
5	433	Markus Rinse	Team K.O. Store	21	48	29	77
6	434	Piotr Ševčenko	Lithuania	31	56	25	81
7	439	Jan Nordlund	JS Fit Forever Team	35			35
8	235	Levente Tarkanyi	Slovakia	39			39
9	446	Tobias Jonasson	AL coaching	46			46
10	444	Kevin Koxha	Team Haningehälsostudio	49			49
11	440	Martin Göransson	Team MM Sports	55			55
12	435	Mikael Gumse	Team Gumse Gym	58			58

## BODYBUILDING OVERALL

PLACE	NO	NAME	CLUB	R1	R2	R3	SCORE
1	441	Ole Kristian Våga	Norway				5
2	425	Ott Kiivikas	Estonia				10
3	430	Krzysztof Skryplonek	Poland				17
4	443	Deividas Dubinas	Lithuania				21
5	420	Mats Ljung	MM Sports Team				22
6	416	Raigo Kuusnõmm	Estonia				30

\*All ties are broken using the Relative Placement method.

Ties in the "Final Score" are broken using the athlete's Final Round score.