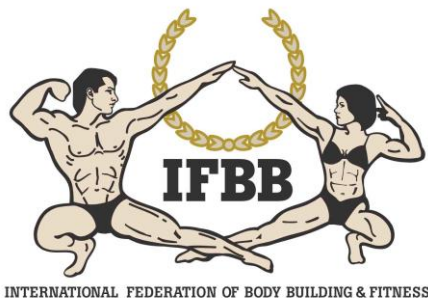




9th Annual Arnold Amateur
IFBB/NPC International Bodybuilding,
Fitness, Figure, Bikini and Physique
Championships

March 5-7, 2015
Columbus, Ohio USA

Inspection Report



WELCOME

The honorable Gov. Arnold Schwarzenegger, Jim Lorimer and Promoters Bob Lorimer and Mike Davies are proud to host the 9th Annual Arnold Amateur IFBB/NPC International Bodybuilding, Fitness, Bodyfitness/Figure, Bikini & Physique Championships in Columbus, Ohio.

The Arnold Amateur features more than 600 competitors from more than 80 nations and is one of the most prestigious amateur bodybuilding contests in the world.

The Arnold Amateur is held in Columbus, Ohio USA in conjunction with the Arnold Sports Festival, the largest multi-sport event in the USA with more than 18,000 athletes competing in 50 sports and events. The Arnold Classic, Arnold Classic 212, Fitness International, Figure International and Bikini International are among the IFBB Pro League contests held in conjunction with the Arnold Sports Festival.

COMPETITOR ELIGIBILITY

Only IFBB amateur competitors who are recommended by their respective national IFBB affiliates are eligible to compete. The Arnold Amateur reserves the right to decline entry to any athlete who does not meet these requirements.

NUMBER OF ATHLETES/ COMPETITORS THAT WILL BE ACCEPTED

Due to the scope of the Arnold Sports Festival and time restrictions in the facilities we are utilizing, the number of athletes accepted will be limited. Registration is now open. We strongly encourage you to register early.

Registration Deadline is February 10th, 2015.

No registrations will be accepted after February 10th, 2015. No Refunds On Accepted Applications. There Will Only Be Refunds On Denied Applications

E-Mail Completed International Registration Forms To:

William Tierney
IFBB General Secretary
w.tierney@ifbb-uk.com
Please copy IFBB Head Office
headquarters@ifbb.com

The Organizer of the event in USA will only accept registrations from U.S. athletes. U.S. competitors must be members of the National Physique Committee (NPC). Athletes can get 2015 NPC cards at the Arnold Amateur.

Registration fee is 150 EUROS or 200 US \$ per athlete and will have to be paid in advance online on the IFBB website: <http://www.ifbb.com/registration> or through your own Paypal account to email address accounts@ifbb-madrid.org.

2015 ARNOLD AMATEUR ATHLETES HOST HOTELS

DoubleTree By Hilton Columbus Downtown

50 South Front Street
Columbus, Ohio 43215

Rate: \$172/night plus taxes

Booking Contact: Martina Smith at 614-228-4600 ext. 19 or email at martina.smith@hilton.com

Note: Use Code C-AX5 when booking to get special rate.

Sheraton Columbus at Capitol Square

75 East State Street
Columbus, Ohio 43215

Rate: \$172/night plus taxes

Booking Info: 800-325-3535

Note: Use Code "Arnold Amateur Bodybuilding" when booking to get special rate.

IMPORTANT ARRIVAL NOTICE AND CHECK-IN NOTICES

All Arnold Amateur Competitors should arrive in Columbus, Ohio no later than Thursday, March 5, 2015.

CHECK-IN TIMES

Wednesday, March 4,
4-9 p.m. at Greater Columbus Convention Center

EARLY REGISTRATION FOR ALL COMPETITORS (B200)

Thursday, March 5,
9 a.m.-11 a.m. at Greater Columbus Convention Center
Men's Masters Bodybuilding, Men's Classic Bodybuilding, Fitness, Figure & Bikini (B200)

Thursday, March 5, Noon-3 p.m. at Greater Columbus Convention Center
Men's Bodybuilding, Men's & Women's Physique and Figure Masters (B200)

Friday, March 6, 7-8 a.m. at Greater Columbus Convention Center
Men's Bodybuilding, Men's & Women's Physique and Figure Masters (B200)

Friday, March 6, 1 p.m. at Greater Columbus Convention Center
Men's & Women's Physique **Finalists Only** (D243)

Saturday, March 7, 8-9 a.m. at Greater Columbus Convention Center
Men's & Women's Bodybuilding, Fitness, Figure & Bikini **Finalists Only** (D243)

AIRPORT SHUTTLE SERVICE

IFBB national federation presidents who are traveling through Port Columbus International Airport with their athletes should contact Bob Lorimer at bob@arnoldexpo.com to arrange shuttle service to and from the airport to the **Host Hotel** for their respective national teams.

PUBLIC SHUTTLE SERVICE HOURS

Public Shuttle service will be available from the **Host Hotels** to the Greater Columbus Convention Center and Battelle Grand. Shuttle Hours are:

Thursday, March 5: 9 a.m.-11:30 p.m.

Friday, March 6: 7 a.m.-11:30 p.m.

Saturday, March 7: 7 a.m.-2:30 a.m. (Sunday morning)

Sunday, March 8: 7 a.m.-5 p.m.

TANNING NEEDS

For those of you with tanning or makeup needs, contact Jan Tana at www.jantana.com to book an appointment. We'll have competitor staff backstage to assist with all competition needs. No spray tanning will be done at the venue, so be sure to book appointments accordingly.

THE IFBB HAS BANNED ALL TANS THAT CAN BE WIPED OFF. AN OFFICIAL WILL CHECK THE TAN OF ALL ATHLETES BACKSTAGE AND IF THE TAN COMES OFF BY SIMPLY WIPING, THE ATHLETE WILL BE TOLD TO REMOVE THE TAN BEFORE GOING ON STAGE.

COMPETITOR NOTIFICATION

Once your registration has been received and accepted, an email will be sent confirming your participation in the 2015 Arnold Amateur. Those athletes who have not met the established requirements, who missed the deadline for registration, or who registered in a division that has already been closed out, will also be notified that they will be unable to participate in this competition.

We strongly encourage you to register EARLY and make the appropriate HOTEL AND OTHER ARRANGEMENTS to compete in Columbus.

OVERALL WINNERS NOTIFICATION

ALL OVERALL WINNERS will receive two (2) tickets to attend the Saturday evening's Arnold Classic Bodybuilding Finals on Saturday, March 7 at the Battelle Grand at the Greater Columbus Convention Center.

A group photograph of overall winners with Gov. Arnold Schwarzenegger will be taken on Saturday evening during the Arnold Classic Finals at the Battelle Grand at the Greater Columbus Convention Center.

Overall winners will also have individual photographs photo taken with Gov.

Schwarzenegger at noon on Sunday, March 8, 2015 at the Sponsor Luncheon at the Greater Columbus Convention Center.

POSING MUSIC

All posing music – 60 second for bodybuilding and 90 seconds for fitness – must be on an audio CD only. The posing music must also be at the start of the CD.

Each competitor must affix his name on the CD for easy identification. The use of profane, vulgar and offensive language is strictly prohibited in the posing music.

IMPORTANT NOTICE TO COMPETITORS

Each competitor will be provided with an athlete competitor wristband at the Mandatory Competitor Check-In. This wristband allows daily admission to the Arnold Fitness EXPO Friday, March 6 through Sunday, March 8. For a complete schedule of Arnold Sports Festival events visit www.ArnoldSportsFestival.com

Any competitor in the Saturday, March 7, 2015 finals must wear this wristband for admission into the competition hall at the Greater Columbus Convention Center.

No trainers will be permitted in the backstage area. Noncompliance with this rule will result in disqualification and possible suspension.

VENUES

Venues for the 2015 Arnold Amateur include:

Greater Columbus Convention Center

Battelle Grand and Arnold Fitness EXPO Stage

400 N. High St.

Columbus, Ohio 43215

TICKET PRICES

Tickets to the Arnold Amateur on Thursday, March 5 and Friday, March 6 at the Battelle Grand at the Greater Columbus Convention Center are \$25 each, per day for General Admission.

Tickets to the Arnold Fitness EXPO for Arnold Amateur Men's & Women's Physique Finals on Friday, March 6 and Men's Bodybuilding, Fitness, Figure & Bikini FINALS on Saturday, March 7 are \$15 at the door, \$10 in advance through www.ticketmaster.com/arnold

COMPETITIONS

Thursday, March 5, 2015

Fitness, Figure and Bikini Prejudging and Men's Masters Bodybuilding and Men's Classic Bodybuilding Prejudging and Finals will be held at Battelle Grand at Greater Columbus Convention Center, 400 N. High St., beginning at 4 p.m.

Friday, March 6, 2015

Men's Bodybuilding, Men's & Women's Physique Prejudging and Figure Masters Prejudging and Finals will be held at Battelle Grand at Greater Columbus Convention Center, 400 N. High St., beginning at 9 a.m.

Men's Physique Finals will be held at 2:30 p.m. at the Arnold Fitness EXPO Stage at the Greater Columbus Convention Center.

Saturday, March 7, 2015

Men's Bodybuilding, Fitness, Figure and Bikini Finals will be held on the Arnold Fitness EXPO stage at the Greater Columbus Convention Center, 200 North High Street, from 10 a.m. to 1:45 p.m.

IMPORTANT NOTES:

The Organizer of the event in USA will only accept registrations from U.S. athletes. U.S. competitors must be members of the National Physique Committee (NPC). Athletes can get 2015 NPC cards at the Arnold Amateur.

Entry Forms from athletes from countries other than the United States will only be considered if they are sent by the National Federation of the athlete and directly to IFBB Headquarters in Madrid. The final decision to allow an athlete to compete in this event rests with the IFBB. The Entry Form must be submitted to IFBB Head Office in Madrid with a brief resume of each athlete registered on the form.

All the costs for travelling, hotel, accommodations, transport from and to the airport and meals are the responsibilities of the national federations or individual athletes. Check with your national federation for more information.

GENERAL QUESTIONS

International Athletes

William Tierney
IFBB General Secretary

ENTRY FORMS should be forwarded by the IFBB affiliated National Federation to:

w.tierney@ifbb-uk.com

With copy to IFBB Head Office, Madrid

headquarters@ifbb.com

USA Athletes ONLY

U.S. ATHLETES ONLY should register through the Arnold Amateur office.

Bob Lorimer, Promoter
Arnold Amateur
614-430-5962 ext. 103

CATEGORIES ACCEPTED IN THE ARNOLD AMATEUR CLASSIC, COLUMBUS, OHIO

MEN'S BODYBUILDING CLASSES

UPTO & INCLUDING 70 kg
UPTO & INCLUDING 75 kg
UPTO & INCLUDING 80 kg
UPTO & INCLUDING 85 kg
UPTO & INCLUDING 90 kg
UPTO & INCLUDING 100 kg
OVER 100 kg

MEN'S CLASSIC BODYBUILDING*

See table below

UPTO & INCLUDING 170cm
UPTO & INCLUDING 180 cm
OVER 180 cm

MASTERS MEN OVER 40 YEARS

UPTO & INCLUDING 90KG
OVER 90KG

MASTERS MEN OVER 50 YEARS

1 OPEN CATEGORY

MEN'S PHYSIQUE

UPTO & INCLUDING 170 cm
UPTO & INCLUDING 172 cm
UPTO & INCLUDING 175 cm
UPTO & INCLUDING 180 cm
UPTO & INCLUDING 182 cm
OVER 182 cm

WOMEN'S PHYSIQUE

UPTO & INCLUDING 163cm
OVER 163cm

WOMEN'S BODY-FITNESS (FIGURE)

UPTO & INCLUDING 155cm
UPTO & INCLUDING 159cm
UPTO & INCLUDING 163cm
UPTO & INCLUDING 167cm
UPTO & INCLUDING 170cm
OVER 170cm

WOMEN'S FITNESS

UPTO & INCLUDING 163cm
OVER 163cm

WOMEN'S BIKINI

UPTO & INCLUDING 155cm
UPTO & INCLUDING 159cm
UPTO & INCLUDING 163cm
UPTO & INCLUDING 167cm
UPTO & INCLUDING 170cm
OVER 170cm

MASTERS WOMEN BODY-FITNESS OVER 35 YRS

UPTO & INCLUDING 163 cm
UPTO & INCLUDING 168 cm
OVER 168 cm

The weight to height limits for Classic Bodybuilding are as follows

Height

Up to168 cm
Up to171 cm
Up to175 cm
Up to180 cm
Up to190cm
Up to198cm
Over 198 cm

Bodyweight limit [kg]

Athlete's height [in cm] minus 100
Athlete's height [in cm] minus 100) + 2
Athlete's height [in cm] minus 100) + 4
Athlete's height [in cm] minus 100) + 6
Athlete's height [in cm] minus 100) + 8
Athlete's height [in cm] minus 100) + 9
Athlete's height [in cm] minus 100) + 10

- example: If athlete is 165 cm tall, his weight should be below, but NOT MORE than 65 kg (165 minus 100 is 65)
- example: If athlete is 170,5 cm tall, his weight should be below, but NOT MORE than 72,5 kg (170,5 minus 100 is 70,5 plus 2 is 72,5)

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Fitness, Figure, Bikini and Physique Championships**
March 5-7, 2015 * Columbus, Ohio
Schedule of Events
(All Times Approximate)

Wednesday, March 4, 2015 – Greater Columbus Convention Center

4-9 p.m. EARLY REGISTRATION (B-200)

ALL COMPETITORS

Thursday, March 5, 2015 – Greater Columbus Convention Center

- 9-11 a.m. FINAL REGISTRATION (B-200)

Men's Masters Bodybuilding, Men's Classic Bodybuilding, Bikini, Figure & Fitness ONLY

- Noon-3 p.m. EARLY REGISTRATION

Men's Bodybuilding, Men's & Women's Physique and Masters Figure (B200)

- 3:30 p.m. Competitors Meeting (B-200)

Men's Classic Bodybuilding and Men's Masters Bodybuilding

4 p.m. Men's Classic Bodybuilding and Men's Masters Prejudging

5 p.m. Men's Classic Bodybuilding Posing Routines (Top 6 Only) Finals and Awards

5 p.m. Men's Masters Bodybuilding Posing Routines (Top 6 Only), Finals and Awards

- 5 p.m. Competitors Meeting

Pump Up Room (2nd Floor, Battelle Grand)

Fitness, Body-Fitness (Figure), Bikini-Fitness

6 p.m. Fitness – Round1 Routine

6:30 p.m. Bikini-Fitness - Prejudging

8:30 p.m. Fitness Round 2 - Two-Piece

9 p.m. Body-Fitness (Figure) - Two-Piece

Friday, March 6, 2015 – Greater Columbus Convention Center

- 7 -8 a.m. FINAL REGISTRATION (B-200)

Men's Bodybuilding, Figure Masters, Men's & Women's Physique

- 8 a.m. Competitors Meeting (B-200)

Pump Up Room (2nd Floor, Battelle Grand)

Men's Bodybuilding, Men's & Women's Physique, Figure Masters

9 a.m. Figure Masters Round

10 a.m. Men & Women's Physique Prejudging

11:30 a.m. Figure Masters Finals and Awards

Noon Men's Bodybuilding Prejudging

Friday, March 6, 2015 – Greater Columbus Convention Center

1 p.m. CHECK-IN FOR FINALS (D-243)

Men's & Women's Physique ONLY (Top 10 In Each Class)

1:30 p.m. **Competitors Meeting (D-243)**

2:30 p.m. Men's & Women's Physique Finals and Awards

Saturday, March 7, 2015 – Greater Columbus Convention Center

8 a.m. CHECK-IN FOR FINALS (D-243)

All Finalists in Men's & Women's Bodybuilding, Fitness, Figure & Bikini

9 a.m. Competitors Meeting (D-243)

Men's & Women's Bodybuilding, Fitness, Figure & Bikini

10 a.m. Fitness and Figure Finals and Awards

11:30 a.m. Bikini Finals and Awards

Noon Men's Bodybuilding Top 5 Routines

Men's Bodybuilding Awards

1:30 p.m. Overall Pose Down for Men's Bodybuilding