

IFBB NORDIC BODYBUILDING AND FITNESS CHAMPIONSHIPS 2013

PRELIMINARY ENTRY FORM

OCTOBER 19, 2013, TALLINN, ESTONIA

FEDERATION NAME.....

CONTACT PERSON.....

PHONE NO..... E-MAIL.....

NUMBER OF PARTICIPATING ATHLETES.....

NUMBER OF SUPPORTING STAFF.....

Deadline for sending PEF is September 10.

Please send Preliminary Entry Forms to:

Estonian BFF, org@ifbb.ee

Please copy all correspondence to:

Mr KP Ourama, kp.ourama@kpfitness.fi