

WEIDER IFBB FITBALANCE

INTERNATIONAL BODYBUILDING & FITNESS CUP

May 11, 2013 (Saturday)

Papp László Sportaréna

1143 Budapest, Stefánia út 2. Hungary

Entry fee:

- before the entry deadline: 5 000 HUF
- after the entry deadline: 10 000 HUF

Every athlete can compete in more categories for one entry fee.

Entry deadline: May 04, 2013

The entry Form can be found in the attachment, please e-mail it to:

ifbbverseny@gmail.com

All the costs for traveling, hotel, accommodations, transport from and to the airport and meals are the responsibilities of the national federations or individual athletes. Check with your national federation for more information.

OFFICIAL IFBB CATEGORIES

Fitness:	- up to 163 cm - over 163 cm
Athletic Fitness Women	- one absolute category
Athletic Fitness Men	- one absolute category
Men's Physique:	- up to 178 cm - over 178 cm
Classic Bodybuilding	- up to 175 cm - over 175 cm
Bodybuilding:	- up to 70 kg - up to 80 kg - up to 90 kg - up to 100 kg - over 100 kg
Masters Bodybuilding:	- over 40
Women's Bodybuilding:	- one absolute category
Women's Physique	- up to 163 cm - over 163 cm
	- 0ver 105 cm
Junior Bodyfitness:	- one absolute category
Junior Bodyfitness: Bodyfitness:	
-	- one absolute category - up to 158 cm - up to 163 cm - up to 168 cm
Bodyfitness:	 one absolute category up to 158 cm up to 163 cm up to 168 cm over 168 cm

Schedule of Events (All Times are Approximate):

- 09.00 10.00 registration for every category
- 10.00 11.00 technical session for the judges
- 11.00 competition

Rewards: Certificates, medal, cup, nutritional supplement.

Entrance fee for visitors: 1 990 HUF

THE IFBB HAS BANNED ALL TANS THAT CAN BE WIPED OFF. AN

OFFICIAL WILL CHECK THE TAN OF ALL ATHLETES BACKSTAGE

AND IF THE TAN COMES OFF BY SIMPLY WIPING, THE ATHLETE

WILL BE TOLD TO REMOVE THE TAN BEFORE GOING ON STAGE.

Further information about the Weider Cup: László Berkes +36-20-260-8632 laszlo.berkes@gmail.com

Further information about the Athletic Fitness category: János Dolleschall +36-20-219-6359 dolleschall@gmail.com

Entry Form

WEIDER IFBB FITBALANCE INTERNATIONAL BODYBUILDING & FITNESS CUP May 11, 2013

Competitor's team:

Teamleader:

Tel.:

E-mail:

Name	Date of Birth	Category