



Preliminary timetable

7th Western European Championships 2012

Date	Weigh in time	gender	Classes	Start
Friday 28 th Sept.	09:00 to 10:30	Women	– 47.0 to – 63.0 kg	11:00
	12:00 to 13:30	Men	– 66.0 to – 83.0 kg	14:00
	16:00 to 17:30	Men	– 93.0 to – 105.0 kg	18:00
Saturday 29 th Sept.	09:00 to 10:30	Women	– 72.0 to – 84.0 kg	11:00
	12:00 to 13:30	Men	–120,0 to – 120,0+ kg	14:00

Victory Ceremonies will be held immediately after each lifting session. It will be mandatory that each athlete wear their National Team Warm-up/Track Suit for the award presentation.

Important Note: Changes may be made to the schedule of events **after the Final nomination** depending on the number of lifters finally entered at this Final nomination. Changes of the timetable are possible by the amount of nominations after the Final nomination and at the Technical Meeting. It can be happen that we must also change weight classes to different days. So it is important for your athletes that they do not book their arrivals/departures very closely to the competition days.

Health Insurance: All delegate members must have a valid health insurance. The Organizer and the EPF will not incur any expenses for a doctor or a stay in hospital. We recommend a travel insurance for covering loss of luggage, delayed flights, etc.

Arnulf Wahlstrøm
EPF President

Alain Hammang
FLHLP President

Gaston Parage
Meet Director

Jiri Hofirek
EPF Championship
Secretary